

Class – XII(Humanities)(2025-26)

Detailed Syllabus - 2025 -2026

Subject ENGLISH CORE (301)

Class XII

Learning Outcomes

The general objectives at this stage are to:

- **listen and comprehend live as well as record in writing oral presentations on a variety of topics**
- **develop greater confidence and proficiency in the use of language skills necessary for social and academic purpose to participate in group discussions, interviews by making short oral presentation on given topics**
- **perceive the overall meaning and organisation of the text (i.e., correlation of the vital portions of the text)**
- **identify the central/main point and supporting details, etc., to build communicative competence in various lexicons of English**
- **promote advanced language skills with an aim to develop the skills of reasoning, drawing inferences, etc. through meaningful activities**
- **translate texts from mother tongue(s) into English and vice versa**
- **develop ability and acquire knowledge required in order to engage in independent reflection and enquiry**
- **read and comprehend extended texts (prescribed and non-prescribed) in the following genres: science fiction, drama, poetry, biography, autobiography, travel and sports literature, etc.**
- **text-based writing (i.e., writing in response to questions or tasks based on prescribed or unseen texts) understand and respond to lectures, speeches, etc. write expository / argumentative essays, explaining or developing a topic, arguing a case, etc. write formal/informal letters and applications for different purposes**
- **make use of contextual clues to infer meanings of unfamiliar vocabulary**
- **select, compile and collate information for an oral presentation**
- **produce unified paragraphs with adequate details and support**
- **use grammatical structures accurately and appropriately**
- **write items related to the workplace (minutes, memoranda, notices, summaries, reports etc.**
- **filling up of forms, preparing CV, e-mail messages., making notes from reference materials, recorded talks etc. The core course should draw upon the language items suggested for class IX-X and delve deeper into their usage and functions. Particular attention may, however, be given to the following areas of grammar:**
- **The use of passive forms in scientific and innovative writings.**
- **Convert one kind of sentence/clause into a different kind of structure as well as other items to exemplify stylistic variations in different discourses modal auxiliaries uses based on semantic considerations.**

Term - 1

Month	Topic
April	<ol style="list-style-type: none">1. My Mother at Sixty Six2. A Thing of Beauty3. A Roadside Stand4. Keeping Quiet5. Aunt Jennifer's Tigers6. Report Writing
May	<ol style="list-style-type: none">1. The Last Lesson2. Lost Spring3. Deep Water4. The Rattrap5. Article Writing
July	<ol style="list-style-type: none">1. Indigo2. The Interview3. Poets and Pancakes4. Going Places
August	<ol style="list-style-type: none">1. The Third Level2. Tiger king3. Letter Writing4. Notice Writing
September	<ol style="list-style-type: none">1. On the Face of It2. Revision3. ALS
Term - 2	
October	<ol style="list-style-type: none">1. The Enemy2. Journey to the End of the Earth
November	<ol style="list-style-type: none">1. Memories of Childhood2. Revision3. ALS
December	Pre-Boards
January	
February	Board Exam

ASSESSMENT PLANNER : SESSION 2025 - 2026**SUBJECT : ENGLISH CORE (301)****CLASS : XII**

TEST	MAX. MARKS	SYLLABUS
PERIODIC ASSESSEMENT 1	20	<ol style="list-style-type: none">1. My Mother at Sixty Six2. Keeping Quiet3. A Thing of Beauty4. Aunt Jennifer's Tigers5. A Roadside Stand6. Notice Writing
MID TERM EXAMS	80	<ol style="list-style-type: none">1. My Mother at Sixty Six2. Keeping Quiet3. A Thing of Beauty4. Aunt Jennifer's Tigers5. A Roadside Stand6. The Last Lesson7. Lost Spring8. Deep Water9. The Rattrap10. The Indigo11. The Interview12. The Tiger King13. Going Places14. The Third Level15. Notice Writing16. Invitations & Replies17. Letters18. Job Applications19. Articles/Reports
PERIODIC ASSESSMENT 2	20	<ol style="list-style-type: none">1. Letter Writing2. Report Writing3. Invitations and Replies4. Journey to the End of the Earth
ANNUAL EXAMS/ PRE BOARD	80	FULL SYLLABUS (Flamingo + Vistas)

DETAILED SYLLABUS (2025-2026)
POLITICAL SCIENCE (028)
CLASS XII

AIMS AND OBJECTIVES

PART A- Contemporary World Politics

- Enable an understanding of the nature of political interactions amongst the sovereign states in the World.
- Trace the key political events and processes in the post-cold war era.
- Analyse the all-encompassing impact of various global institutions, processes, and events.
- Promote international understanding and respect for humanity.

PART B- Politics in India since Independence

- Understand and analyse constitutional institutions and their working in the post-independence era.
- Appreciate the contribution of political leaders in Nation Building.
- Develop the capacity to link Government structure, processes, and their policies with contemporary political realities.
- Acquaint the students to the changing trends and developments in India.

MONTH	TOPIC
March	<p><u>PART A- Contemporary World Politics</u></p> <p>Ch1 The End of Bipolarity</p> <ul style="list-style-type: none"> • The Soviet System • Gorbachev and the disintegration • Causes and Consequences of disintegration of Soviet Union • Shock Therapy and its consequences • Tensions and conflicts in the former Soviet Republics • Relationship between India and the post-communist countries
April	<p>Ch2 Contemporary Centres of Power</p> <ul style="list-style-type: none"> • European Union • ASEAN • Rise of China as an economic power • Japan and South Korea as emerging powers <p>Ch3 Contemporary South Asia</p> <ul style="list-style-type: none"> • Military and Democracy in Pakistan and Bangladesh • Monarchy and Democracy in Nepal • Ethnic conflict and Democracy in Sri Lanka • India-Pakistan conflicts • India and its neighbours • Peace and Cooperation
May	<p>Ch4 International Organisations</p> <ul style="list-style-type: none"> • Meaning and Importance of international organisations • Evolution of UN and principal organs of UN • Structure and function of International Organisations

	<ul style="list-style-type: none"> • Need for reforms in the changing world • India and the UN reforms • Key agencies and NGO • Implications and Future of International Organisations <p>Ch5 Security in the Contemporary World</p> <ul style="list-style-type: none"> • Meaning and type of security • Traditional concept of security • Non-Traditional notions of security • New sources of threats • Cooperative security • India's Security strategy
<p>July</p>	<p>Ch6 Environment and Natural Resources</p> <ul style="list-style-type: none"> • Environmental concerns • Global Commons • Common but differentiated responsibilities • India's stand on environmental issues • Environmental movements • Resource Geopolitics • Rights of Indigenous people <p>Ch7 Globalisation</p> <ul style="list-style-type: none"> • Concept of Globalisation • Causes and Consequences of globalisation • India and globalisation • Resistance to globalisation • India and resistance to globalisation <p><u>PART B- Politics in India since Independence</u></p> <p>Ch1 Challenges of Nation Building</p> <ul style="list-style-type: none"> • Challenges for the new nation • Partition: Displacement and Rehabilitation • Integration of Princely States • Reorganisation of States
<p>August</p>	<p>Ch2 Era of One-Party Dominance</p> <ul style="list-style-type: none"> • Challenges of building democracy • Congress dominance in the first three general elections • Emergence of opposition parties <p>Ch3 Politics of Planned Development</p> <ul style="list-style-type: none"> • Ideas of Development • Planning Commission • The First Five Year Plan • Rapid Industrialisation <p>Ch4 India's External Relations</p>

	<ul style="list-style-type: none"> • International Context • The Policy of Non-Alignment • Peace and conflict with China • India's Nuclear Policy
September	<p>Revision</p> <p>Ch5 Challenges to and Restoration of the Congress System</p> <ul style="list-style-type: none"> • Challenges of Political Succession • Fourth General Election 1967 • Split in the Congress • The 1971 Election and Restoration of Congress
October	<p>Ch6 The Crisis of Democratic Order</p> <ul style="list-style-type: none"> • Background to Emergency • Declaration of Emergency • Lessons of Emergency • Politics after Emergency <p>Ch7 Regional Aspirations</p> <ul style="list-style-type: none"> • Region and the Nation: areas of tension, Jammu and Kashmir • Punjab • The Northeast
November	<p>Ch8 Recent Developments in Indian Politics</p> <ul style="list-style-type: none"> • Context of 1990s • Era of Coalition • Political rise of the Backward classes • Communalism, Secularism and Democracy • Lok Sabha Elections 2004 • Growing Consensus <p>Revision</p>
December	Pre Board Exam
January	Revision
February	Board Exam

ASSESSMENT PLANNER: SESSION 2025 - 2026**SUBJECT: POLITICAL SCIENCE (028)****CLASS: XII**

TEST	MAX. MARKS	SYLLABUS
PERIODIC ASSESSMENT 1	20	<u>PART A- CONTEMPORARY WORLD POLITICS</u> <ul style="list-style-type: none"> • The End of Bipolarity • Contemporary Centres of Power
MID TERM EXAM	80	<u>PART A- CONTEMPORARY WORLD POLITICS</u> <ul style="list-style-type: none"> • The End of Bipolarity • Contemporary Centres of Power • Contemporary South Asia • International Organizations • Security in the Contemporary World • Environment and Natural Resources • Globalisation
PERIODIC ASSESSMENT 2	20	<u>PART B- POLITICS IN INDIA SINCE INDEPENDENCE</u> <ul style="list-style-type: none"> • Challenges of Nation-Building • Era of One Party Dominance
ANNUAL EXAM	80	<u>PART A- CONTEMPORARY WORLD POLITICS</u> <ul style="list-style-type: none"> • The End of Bipolarity • Contemporary Centres of Power • Contemporary South Asia • International Organizations • Security in the Contemporary World • Environment and Natural Resources • Globalisation <u>PART B- POLITICS IN INDIA SINCE INDEPENDENCE</u> <ul style="list-style-type: none"> • Challenges of Nation-Building • Era of One Party Dominance • Politics of Planned Development • India's External Relations • Challenges to and Restoration of the Congress System • The Crisis of Democratic Order • Regional Aspirations • Recent Developments in Indian Politics

PSYCHOLOGY
Subject Code – 037
Classes XII (2025-26)

One Theory Paper

Marks: 70

Units	Topics	Marks
I	Variations in Psychological Attributes	13
II	Self and Personality	13
III	Meeting Life Challenges	9
IV	Psychological Disorders	12
V	Therapeutic Approaches	9
VI	Attitude and Social Cognition	8
VII	Social Influence and Group Processes	6
	Total	70

Learning Objectives

- To help students understand the nature of psychological knowledge and its relevance to different aspects of life.
- To encourage students to be observant, socially aware, and reflective.
- To reduce stigma and increase awareness of psychological well-being by educating students about mental health.
- To help students understand their own thoughts, emotions and behaviors fostering personal growth and resilience, preparing them to become responsible global members of society.

COURSE CONTENT

Month	Topic
April	<p>Unit 1 Variations in Psychological Attributes</p> <p><i>The topics in this unit are:</i></p> <ol style="list-style-type: none"> 1. Introduction 2. Individual Differences in Human Functioning 3. Assessment of Psychological Attributes 4. Intelligence 5. Theories of Intelligence: Psychometric Theories of Intelligence, Information Processing Theories, Theory of Multiple Intelligences, Triarchic Theory of Intelligence, Planning, Attention-Arousal and Simultaneous Successive Model of Intelligence 6. Individual Differences in Intelligence 7. Culture and Intelligence 8. Emotional Intelligence 9. Special Abilities: Aptitude: Nature and Measurement 10. Creativity

<p>May/ July</p>	<p>Unit II Self and Personality</p> <p><i>The topics in this unit are:</i></p> <ol style="list-style-type: none"> 1. Introduction 2. Self and Personality 3. Concept of Self 4. Cognitive and Behavioural Aspects of Self 5. Culture and Self 6. Concept of Personality 7. Major Approaches to the Study of Personality <ol style="list-style-type: none"> a. Type Approach b. Trait Approach c. Psychodynamic Approach d. Behavioural Approach e. Cultural Approach f. Humanistic Approach 8. Assessment of Personality <ol style="list-style-type: none"> a. Self-report Measures b. Projective Techniques c. Behavioural Analysis
<p>July</p>	<p>Unit III Meeting Life Challenges</p> <p><i>The topics in this unit are:</i></p> <ol style="list-style-type: none"> 1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning and Health <ul style="list-style-type: none"> • Stress and Health • General Adaptation Syndrome • Stress and Immune System • Lifestyle 4. Coping with Stress <ul style="list-style-type: none"> • Stress Management Techniques 5. Promoting Positive Health and Well-being <ul style="list-style-type: none"> • Stress Resistant Personality • Life Skills • Positive Health

<p>July/August</p>	<p>Unit IV Psychological Disorders</p> <p><i>The topics in this unit are:</i></p> <ol style="list-style-type: none"> 1. Introduction <ul style="list-style-type: none"> • Concepts of Abnormality and Psychological Disorders <ul style="list-style-type: none"> • Historical Background 3. Classification of Psychological Disorders 4. Factors Underlying Abnormal Behaviour 5. Major Psychological Disorders <ul style="list-style-type: none"> • Anxiety Disorders • Obsessive-Compulsive and Related Disorders • Trauma-and Stressor-Related Disorders • Somatic Symptom and Related Disorders • Dissociative Disorders • Depressive Disorder • Bipolar and Related Disorders • Schizophrenia Spectrum and Other Psychotic Disorders • Neurodevelopmental Disorders • Disruptive, Impulse-Control and Conduct Disorders • Feeding and Eating Disorders • Substance Related and Addictive Disorders
<p>August</p>	<p>Unit V Therapeutic Approaches</p> <p><i>The topics in this unit are:</i></p> <ol style="list-style-type: none"> 1. Nature and Process of Psychotherapy <ul style="list-style-type: none"> • Therapeutic relationship 2. Types of Therapies <ul style="list-style-type: none"> • Psychodynamic Therapy • Behaviour Therapy • Cognitive Therapy • Humanistic-Existential Therapy • Biomedical Therapy • Alternative Therapies <p>Rehabilitation of the Mentally Ill</p>

<p>October</p>	<p>Unit VI Attitude and Social Cognition</p> <p><i>The topics in this unit are:</i></p> <ol style="list-style-type: none"> 1. Introduction 2. Explaining Social Behaviour 3. Nature and Components of Attitudes 4. Attitude Formation and Change <ul style="list-style-type: none"> • Attitude Formation • Attitude Change • Attitude-Behaviour Relationship 5. Prejudice and Discrimination 6. Strategies for Handling Prejudice
<p>November</p>	<p>Unit VII Social Influence and Group Processes</p> <p><i>The topics in this unit are:</i></p> <ol style="list-style-type: none"> 1. Introduction 2. Nature and Formation of Groups 3. Type of Groups 4. Influence of Group on Individual Behaviour <ul style="list-style-type: none"> • Social Loafing • Group Polarisation
<p>December</p>	<p>Pre-Board</p>
<p>Practical Marks 30</p> <ul style="list-style-type: none"> • 5 Psychological Test • 1 Case Profile <p>Prescribed Books:</p> <ol style="list-style-type: none"> 1. Psychology, Class XII, Published by NCERT 	

PSYCHOLOGY - ASSESSMENT PLANNER -2025-26

XII ABD

TEST	SYLLABUS
PA 1 (20 Marks)	Unit -1 Variations in Psychological Attributes Unit – 2 Self and Personality
MID TERM EXAM (70 Marks)	Unit -1 Variations in Psychological Attributes Unit – 2 Self and Personality Unit – 3 Meeting Life Challenges Unit – 4 Psychological Disorders Unit – 5 Therapeutic Approaches
PRE-BOARD (70 Marks)	Unit -1 Variations in Psychological Attributes Unit – 2 Self and Personality Unit – 3 Meeting Life Challenges Unit – 4 Psychological Disorders Unit – 5 Therapeutic Approaches Unit – 6 Attitude and Social Cognition Unit – 7 Social Influence and Group processes

Class 12 - Mathematics(2025-26)

LEARNING OUTCOMES

Higher secondary students are increasingly expected to engage in mathematical practices to help develop mathematical habits of their minds

The learners may be provided with opportunities individually or in groups and encouraged to think holistically.

The student will be able to :

- Identify different types of relations and functions.
- explore the values of different inverse trigonometric functions
- Evolve the idea of matrices as a way of representing and simplifying mathematical concepts.
- Evaluate determinants of different square matrices using their properties.
- Demonstrate ways to relate differentiability and continuity of a function with each other.
- Develop the processes in Integral calculus based on the ideas of differential calculus learnt earlier. Apply the concepts of Integral calculus to calculate the areas enclosed by curves.
- Develop the concepts of differential equations using the ideas of differential
- Constructs the idea of vectors and their properties and relates them to earlier learnt concepts in different areas of mathematics such as geometry, coordinate geometry etc.
- Calculate conditional probability of an event and uses it to evolve Baye's theorem and multiplication rule of probability. Determine mean and variance of a probability distribution using the concept of random variables

MONTH	TOPIC
April & May	<p>Ch-5 Continuity and Differentiability</p> <ul style="list-style-type: none"> • Continuity and differentiability, • Derivative of composite functions, chain rule. • Derivative of inverse trigonometric functions like $\sin^{-1} x$, $\cos^{-1} x$ and $\tan^{-1} x$, Derivative of implicit functions. Concept of exponential and logarithmic functions. • Derivatives of logarithmic and exponential functions. Logarithmic differentiation, Derivative of functions expressed in parametric forms. Second order derivatives <p>Ch-2 Inverse trigonometric functions</p> <ul style="list-style-type: none"> • Definition, range, domain, principal value branch. • Graphs of inverse trigonometric functions. <p>Ch-6 Application of derivatives</p> <ul style="list-style-type: none"> • Rate of Change
July	<p>Ch-6 Application of Derivatives</p> <ul style="list-style-type: none"> • Increasing/Decreasing functions, • Maxima and Minima (first derivative test motivated geometrically and second derivative test given as a provable tool). Simple problems (that illustrate basic principles and understanding of the subject as well as real-life situations). <p>Ch-7 Integration</p> <ul style="list-style-type: none"> • Integration as inverse process of differentiation. • Integration of a variety of functions by substitution, by partial fractions and by parts ,Fundamental Theorem of Calculus (without proof). Basic properties of definite integrals and evaluation of definite integrals.
August	<p>Ch-8 Application of Integrals</p> <ul style="list-style-type: none"> • Applications in finding the area under simple curves, especially lines, circles/ parabolas/ellipses (in standard form only) <p>Ch-9 Differential Equations</p> <ul style="list-style-type: none"> • Definition, order and degree ,General and particular solutions. Solution of differential equations by method of separation of variables, homogeneous differential equations of first order and first

	degree. Solutions of linear differential equation .
September	Ch-12 Linear Programming <ul style="list-style-type: none"> • Introduction, related terminology such as constraints, objective function, optimization, graphical method of solution for problems in two variables, feasible and infeasible regions (bounded or unbounded).
October	Ch-10 Vectors <ul style="list-style-type: none"> • Vectors and scalars, magnitude and direction of a vector. Direction cosines and direction ratios of a vector. Types of vectors ,addition of vectors, multiplication of a vector by a scalar, position vector of a point dividing a line segment in a given ratio. properties and application of scalar (dot) product of vectors, vector (cross) product of vectors. Ch-11 Three Dimensional Geometry <ul style="list-style-type: none"> • Direction cosines and direction ratios of a line joining two points. Cartesian equation and vector equation of a line, skew lines, shortest distance between two lines. Angle between two lines. Ch-13 Probability <ul style="list-style-type: none"> • Conditional probability, multiplication theorem on probability, independent events, total probability, Bayes' theorem, Random variable and its probability distribution, mean of random variable.
November	Ch-3 Matrices <ul style="list-style-type: none"> • Concept, notation, order, equality, types of matrices, zero and identity matrix, transpose of a matrix, symmetric and skew symmetric matrices. Operations on matrices: Addition and multiplication and multiplication with a scalar. Invertible matrices and proof of the uniqueness of inverse, if it exists; (Here all matrices will have real entries). Ch-4 Determinants <ul style="list-style-type: none"> • Determinant of a square matrix (up to 3 x 3 matrices), minors, co-factors and applications of determinants in finding the area of a triangle. Adjoint and inverse of a square matrix. Consistency, inconsistency and number of solutions, solving system of linear equations in two or three variables (having unique solution) using inverse of a matrix. Ch-1 Relations and Fuctions <ul style="list-style-type: none"> • Types of relations: reflexive, symmetric, transitive and equivalence relations. One to one and onto functions.
December	Revision & Pre Board 1
January February	Pre Board II

ASSESSMENT PLANNER : SESSON 2025 - 2026**SUBJECT : Mathematics****CLASS : XII**

TEST	MAX. MARKS	SYLLABUS
PERIODIC ASSESSEMENT 1	20	<ul style="list-style-type: none">• Inverse trigonometry• Continuity and differentiability
MID TERM EXAMS	80	<ul style="list-style-type: none">• Inverse trigonometry• Continuity and differentiability• Application of derivatives• Integration• Application of Integration• Differential equation<ul style="list-style-type: none">• Linear programming problems
ANNUAL EXAMS	80	<ul style="list-style-type: none">• Relation and Functions• Inverse trigonometry• Matrices• Determinants• Continuity and Differentiability• AOD• Integration• AOI• Differential equations• Vectors• 3D• Linear programming problems• Probability

Class XII (2025 – 2026)

Economics

Objectives:

- Understanding of some basic economic concepts and development of economic reasoning which the learners can apply in their day-to-day life as citizens, workers and consumers.
- Realisation of learners' role in nation building and sensitivity to the economic issues that the nation is facing today.
- Equipment with basic tools of economics and statistics to analyse economic issues. This is pertinent for even those who may not pursue this course beyond senior secondary stage.
- Development of understanding that there can be more than one view on any economic issue and necessary skills to argue logically with reasoning.

MONTH	TOPIC
March & April	<p>Unit 1: National Income and Related Aggregates</p> <p>What is Macroeconomics?</p> <p>Basic concepts in macroeconomics: consumption goods, capital goods, final goods, intermediate goods; stocks and flows; gross investment and depreciation.</p> <p>Circular flow of income (two sector model); Methods of calculating National Income - Value Added or Product method, Expenditure method, Income method.</p> <p>Aggregates related to National Income: Gross National Product (GNP), Net National Product (NNP), Gross Domestic Product (GDP) and Net Domestic Product (NDP) - at market price, at factor cost; Real and Nominal GDP GDP Deflator, GDP and Welfare</p> <p>Unit 2: Money and Banking</p> <p>Money – meaning and functions, supply of money - Currency held by the public and net demand deposits held by commercial banks.</p> <p>Money creation by the commercial banking system.</p> <p>Central bank and its functions (example of the Reserve Bank of India): Bank of issue, Govt. Bank, Banker's Bank, Control of Credit through Bank Rate, Cash Reserve Ratio (CRR), Statutory Liquidity Ratio (SLR), Repo Rate and Reverse Repo Rate, Open Market Operations, Margin requirement.</p>
May	<p>Unit 3: Determination of Income and Employment</p> <p>Aggregate demand and its components.</p> <p>Propensity to consume and propensity to save (average and marginal).</p> <p>Short-run equilibrium output; investment multiplier and its mechanism. Meaning of full employment and involuntary unemployment.</p> <p>Problems of excess demand and deficient demand; measures to correct them - changes in government spending, taxes and money supply.</p>
JULY	<p>Unit 4: Government Budget and the Economy</p> <p>Government budget - meaning, objectives and components.</p> <p>Classification of receipts - revenue receipts and capital receipts;</p>

	<p>Classification of expenditure – revenue expenditure and capital expenditure.</p> <p>Balanced, Surplus and Deficit Budget – measures of government deficit.</p> <p>Unit 5: Balance of Payments</p> <p>Balance of payments account - meaning and components;</p> <p>Balance of payments – Surplus and Deficit</p> <p>Foreign exchange rate - meaning of fixed and flexible rates and managed floating. Determination of exchange rate in a free market, Merits and demerits of flexible and fixed exchange rate.</p> <p>Managed Floating exchange rate system .</p>
AUGUST	<p>Part B: Indian Economic Development</p> <p>Unit 6: Development Experience (1947-90) and Economic Reforms since 1991:</p> <p>A brief introduction of the state of Indian economy on the eve of independence.</p> <p>Indian economic system and common goals of Five Year Plans.</p> <p>Main features, problems and policies of agriculture (institutional aspects and new agricultural strategy), industry (IPR 1956; SSI – role & importance) and foreign trade. Economic Reforms since 1991:</p> <p>Features and appraisals of liberalisation, globalisation and privatisation (LPG policy); Concepts of demonetization and GST</p>
SEPTEMBER	<p>Unit 7: Current challenges facing Indian Economy</p> <p>Human Capital Formation: How people become resource; Role of human capital in economic development; Growth of Education Sector in India</p> <p>Rural development: Key issues – credit and marketing – role of cooperatives; agricultural diversification; alternative farming – organic farming</p> <p>Employment: Growth and changes in work force participation rate in formal and informal sectors; problems and policies</p>
OCTOBER	<p>Rural development: Key issues - credit and marketing - role of cooperatives; agricultural diversification; alternative farming - organic farming</p> <p>Employment: Growth and changes in work force participation rate in formal and informal sectors; problems and policies</p> <p>Sustainable Economic Development: Meaning, Effects of Economic Development on Resources and Environment, including global warming</p>
NOVEMBER	<p>Unit 8: Development Experience of India:</p> <p>A comparison with neighbours</p> <p>India and Pakistan</p> <p>India and China</p> <p>Issues: economic growth, population, sectoral development and other Human Development Indicators</p>
DECEMBER	Part C: Project in Economics
JANUARY	Pre Board Examination
FEBRUARY & MARCH	Board Examination

ASSESSMENT PLANNER : SESSON 2025 - 2026**SUBJECT : _ECONOMICS****CLASS : XII**

TEST	MAX. MARKS	SYLLABUS
PERIODIC ASSESSEMENT	20	National Income Accounting Money & Banking
MID TERM EXAMS	80	1.National Income Accounting 2.Money & Banking 3.Theory of Income and Employment 4. Government Budget 5. Balance of payment 6. Indian on the eve of independence
PERIODIC ASSESSMENT 2	20	1. Economic Reforms since 1991 2. Human capital formation
ANNUAL EXAMS	80	Full CBSE ECONOMICS Syllabus

Class 12 - History(2025-26)

CLASS XII

In class XII the focus will shift to a detailed study of some themes in ancient, medieval, and modern Indian history although the attempt is to soften the distinction between what is conventionally termed as ancient, medieval and modern. The object would be to study a set of these themes in some detail and depth rather than survey the entire chronological span of Indian history. In this sense the course will be built on the knowledge that the students have acquired in the earlier classes.

Each theme in class XII will also introduce the students to one type of source for the study of history. Through such a study, students would begin to see what different types of sources can reveal and what they cannot tell. They would come to know how historians analyse these sources, the problems, and difficulties of interpreting each type of source, and the way a larger picture of an event, a historical process, or a historical figure, is built by looking at different types of sources. Each theme for class XII will be organized around four sub heads:

1. A detailed overview of the events, issues, and processes under discussion.
2. A summary of the present state of research on the theme.
3. An account of how knowledge about the theme has been acquired.
4. An excerpt from a primary source related to the theme, explaining how it has been said by historians.

While the themes in both the classes (XI and XII) are arranged in a broad chronological sequence, there are overlaps between them.

This is intended to convey a sense that chronological divides and periodization do not always operate in a neat fashion. In the textbooks each theme would be located in a specific time and place. But these discussions would be situated within a wider context by.....

- Plotting the specific event within timelines.
- Discussing the event or process in relation to the developments in other places and other times.

APRIL	1 BRICKS, BEADS AND BONES The Harappan Civilisation Broad overview: Early urban centres Story of discovery: Harappan civilization Excerpt: Archaeological report on a major site Discussion: How it has been utilized by archaeologists/ historians
APRIL	2 KINGS, FARMERS AND TOWNS Early States and Economies (c.600 BCE -600 CE) Broad overview: Political and economic History from the Mauryan to the Gupta period Story of discovery: Inscriptions and the Decipherment of the script. Shifts in the Understanding of political and economic history. Excerpt: Ashokan inscription and Gupta period land grant Discussion: Interpretation of inscriptions by historians
APRIL/MAY	3 KINSHIP, CASTE, AND CLASS Early Societies (c. 600 BCE-600 CE) Broad overview: Social Histories: Using the Mahabharata Issues in social history, including caste, class, kinship and gender Story of discovery: Transmission and publications of the Mahabharat Excerpt: from the Mahabharata, illustrating how it has been used by historians. Discussion: Other sources for reconstructing social history
MAY	4 THINKERS, BELIEFS AND BUILDINGS Cultural Developments (c. 600 BCE-600 CE) Broad overview: A History of Buddhism: Sanchi Stupa a) A brief review of religious histories of Vedic religion, Jainism, Vaishnavism, Shaivism (Puranic Hinduism) b) Focus on Buddhism. Story of discovery: Sanchi stupa.

	<p>Excerpt: Reproduction of sculptures from Sanchi.</p> <p>Discussion: Ways in which sculpture has been interpreted by historians, other sources for reconstructing the history of Buddhism.</p>
JULY	<p>5 THROUGH THE EYES OF TRAVELLERS Perceptions of Society (c. tenth to seventeenth centuries)</p> <p>Broad Overview: outlines of social and cultural life as they appear in traveller's account.</p> <p>Story of their writings: A discussion of where they travelled, what they wrote and for whom they wrote.</p> <p>Excerpts: from Al Biruni, Ibn Battuta, Francois Bernier.</p> <p>Discussion: What these travel accounts can tell us and how they have been interpreted by historians</p>
JULY	<p>6 BHAKTI –SUFİ TRADITIONS</p> <p>Changes in Religious Beliefs and Devotional Texts (c. eighth to eighteenth centuries)</p> <p>Broad overview: a. Outline of religious developments during this period saints.</p> <p>b. Ideas and practices of the Bhakti-Sufi</p> <p>Story of Transmission: How Bhakti-Sufi compositions have been preserved.</p> <p>Excerpt: Extracts from selected Bhakti-Sufi works.</p> <p>Discussion: Ways in which these have been interpreted by historians.</p>
AUGUST	<p>7 AN IMPERIAL CAPITAL: VIJAYANAGARA</p> <p>(c. fourteenth to sixteenth centuries)</p> <p>Broad Over View: New Architecture: Hampi</p> <p>a. Outline of new buildings during Vijayanagar period-temples, forts, irrigation facilities.</p> <p>b. Relationship between architecture and the political system</p> <p>Story of Discovery: Account of how Hampi was found.</p> <p>Excerpt: Visuals of buildings at Hampi Discussion: Ways in which historians have analyzed and interpreted these structures.</p>
AUGUST	<p>8 PEASANTS, ZAMINDARS AND THE STATE Agrarian Society and the Mughal Empire (c. sixteenth seventeenth centuries)</p> <p>Broad overview: The Aini-Akbari</p> <p>a. Structure of agrarian relations in the 16th and 17th centuries.</p> <p>b. Patterns of change over the period.</p> <p>Story of Discovery: Account of the compilation and translation of Ain I Akbari</p> <p>Excerpt: from the Ain-iAkbari.</p> <p>Discussion: Ways in which historians have used texts to reconstruct history</p>
AUGUST	<p>9 COLONIALISM AND THE COUNTRYSIDE</p> <p>Exploring Official Archives</p> <p>Broad overview: Colonialism and Rural Society: Evidence from Official Reports</p> <p>a) Life of zamindars, peasants and artisans in the late18thcentury</p> <p>b). Permanent Settlement, Santhals and Paharias</p> <p>Story of official records: An account of why official Investigations in to rural societies were undertaken and the types of records and reports produced.</p> <p>Excerpts: From Fifth Report</p> <p>Discussion: What the official records tell and do not tell, and how they have been used by historians.</p>

SEPTEMBER	<p>10 REBELS AND THE RAJ: 1857 Revolt and its Representations Broad overview: a. The events of 1857-58. b. Vision of Unity c. How these events were recorded and narrated. Focus: Lucknow Excerpts: Pictures of 1857. Extracts from contemporary accounts. Discussion: How the pictures of 1857 shaped British opinion of what had happened.</p>
SEPTEMBER	<p>11 MAHATMA GANDHI AND THE NATIONALIST MOVEMENT Civil Disobedience and Beyond Broad overview: a. The Nationalist Movement 1918 -48. b. The nature of Gandhian politics and leadership. Focus: Mahatma Gandhi and the three movements and his last days as “finest hours” Excerpts: Reports from English and Indian language newspapers and other contemporary writings. Discussion: How newspapers can be a source of history.</p>
OCTOBER	<p>12 FRAMING THE CONSTITUTION The Beginning of a New Era Broad overview: The Making of the Constitution an overview: a. Independence and then new nation state. b. The making of the Constitution Focus: The Constituent Assembly Debates Excerpts: from the debates Discussion: What such debates reveal and how they can be analysed.</p> <p>REVISION</p>

ASSESSMENT PLANNER-2025-26

SUBJECT: HISTORY (027)

CLASS: XII

TEST	SYLLABUS
PERIODIC ASSESSMENT – I (20 MARKS)	<ul style="list-style-type: none"> • KINGS, FARMERS AND TOWNS • KINSHIP, CASTE, AND CLASS
MID TERM EXAM (80 MARKS)	<ul style="list-style-type: none"> • BRICKS, BEADS AND BONES • KINGS, FARMERS AND TOWNS • KINSHIP, CASTE AND CLASS • THINKERS, BELIEFS AND BUILDINGS • THROUGH THE EYES OF THE TRAVELLERS • BHAKTI AND SUFI TRADITIONS

	<ul style="list-style-type: none">• AN IMPERIAL CAPITAL-VIJAYANAGARA• PEASANTS, ZAMINDARS AND THE STATE
<p>ANNUAL EXAM & PRE-BOARD EXAM (80 MARKS)</p>	<ul style="list-style-type: none">• BRICKS, BEADS AND BONES• KINGS, FARMERS AND TOWNS• KINSHIP, CASTE AND CLASS• THINKERS, BELIEFS AND BUILDINGS• THROUGH THE EYES OF THE TRAVELLERS• BHAKTI AND SUFI TRADITIONS• AN IMPERIAL CAPITAL-VIJAYANAGARA• PEASANTS, ZAMINDARS AND THE STATE• COLONIALISM AND THE COUNTRYSIDE• REBELS AND THE RAJ: REVOLT OF 1857• GANDHI AND THE NATIONALIST MOVEMENT• FRAMING OF THE CONSTITUTION

CLASS 12 – SOCIOLOGY (2025-26)

LEARNING OUTCOMES

The student will be able to:

- Explain key concepts such as society, culture, community, and social institutions
- Examine the processes of social change like- industrialisation, globalisation
- Apply sociological concepts to analyse real-world issues like poverty, unemployment, and media influence
- Understand the relevance of sociology in careers like social work, journalism, law, and public policy
- Help to understand both the society and the individual's life better

MONTH	TOPIC
April	BOOK I INDIAN SOCIETY Ch 2 The Demographic structure of Indian society <ul style="list-style-type: none"> • Theories of Demography – Malthusian Theory of Population Growth, The Theory of Demographic Transition, Size and growth of India's population • Age structure, sex ratio, and rural-urban differences, population policy
May	Ch 3 Social Institutions: Continuity and Change <ul style="list-style-type: none"> • Caste system, Tribal community, Family and Kinship
July	Ch-5 Patterns of Social inequality and exclusion <ul style="list-style-type: none"> • Social Inequality and exclusion, Caste system • Other backward classes, Adivasi struggle, women's struggle, disabled struggle
August	Ch-6 The challenges of cultural diversity <ul style="list-style-type: none"> • Cultural communities and the Nation-State, Regionalism • Communalism and secularism, state and civil society
September	BOOK II SOCIAL CHANGE AND DEVELOPMENT IN INDIA Ch-1 Structural Change <ul style="list-style-type: none"> • Understanding Colonialism, Urbanization and Industrialisation Ch- 2 Cultural Change <ul style="list-style-type: none"> • Social Reform Movement • Sanskritisation, Modernization, Secularism, and Westernisation • Different kinds of social change
October	Ch -4 Change and development in Rural Society <ul style="list-style-type: none"> • Agrarian structure, Impact of land reforms • The circulation of labour, Globalisation, liberalisation and Rural society
November	Ch 5 Change and development in Industrial society <ul style="list-style-type: none"> • Industrial society and Industrialisation, how people find jobs • Working Conditions, Strikes and Unions Ch – 8 Social Movement <ul style="list-style-type: none"> • Features of social movement, Types of social movements, Tribal movement
December	Revision & Pre Board I
January	Pre Board II
February	-

ASSESSMENT PLANNER: SESSION 2025 - 2026**SUBJECT: SOCIOLOGY****CLASS: XII**

TEST	MAX. MARKS	SYLLABUS
PERIODIC ASSESSEMENT 1	20	BOOK I INDIAN SOCIETY Ch 2 The Demographic structure of Indian society Ch 3 Social Institutions: Continuity and change
MID TERM EXAMS	80	Ch 2 The Demographic structure of Indian society Ch 3 Social Institutions: Continuity and change Ch 5 Patterns of Social inequality and exclusion Ch 6 The challenges of cultural diversity
ANNUAL EXAMS	80	BOOK I INDIAN SOCIETY Ch 2 The Demographic structure of Indian society Ch 3 Social Institutions: Continuity and change Ch 5 Patterns of Social inequality and exclusion Ch 6 The challenges of cultural diversity BOOK II SOCIAL CHANGE AND DEVELOPMENT IN INDIA Ch 1 Structural Change Ch 2 Cultural Change Ch 4 Change and development in Rural Society Ch 5 Change and development in Industrial society Ch 8 Social Movement

MARKETING (SUBJECT CODE-812)

CLASS XII

COURSE OBJECTIVES: Followings are the main objectives of this course.

- To understand the classical marketing perspectives and contrasts these with newer views from relational and service-based schools of marketing
- To understand the dynamics of various environmental factors on marketing so that students can think about a feasible marketing plan (process)
- To understand the utility of STP of marketing (i.e. segmentation, targeting, positioning)
- To have an elementary knowledge of marketing mix, consumer behavior, and other preliminary concepts and roles of marketing in society
- Familiarize the students regarding various dimensions of retail management and career opportunities available in these fields.

MONTH	CONTENT
April	UNIT 1 PRODUCT <ul style="list-style-type: none">• Meaning and importance of product in Marketing• Components of Product• Characteristics of Product• Importance of Product to a firm• Product levels• Factors influencing product mix• Consumer goods : their types and features• Industrial goods : types and features• Product Life cycle : stages• Packaging: concept, role, importance and functions• Qualities of good packaging and their types• Labelling : concept, contents
May	UNIT Communication Skills <ul style="list-style-type: none">• Active Listening• Parts of speech• Writing sentences Unit : Self –Management Skills <ul style="list-style-type: none">• Motivation and positive attitude• Result Orientation• Self - awareness Project Work discussion
July	UNIT 2 PRICE <ul style="list-style-type: none">• Meaning of Price and Pricing• Importance of Pricing to a firm and a Consumer• Factors affecting Price: Internal and External• Types of Pricing, basis of different pricing methods UNIT 3 PLACE & DISTRIBUTION <ul style="list-style-type: none">• Meaning & importance of place : role and definition of place• Participants of distribution system• Functions performed by channels of distribution• Direct and indirect channels and channel intermediaries• Functions of intermediaries• Factors affecting selection of channels of distribution

August	<p>UNIT 4 PROMOTION</p> <ul style="list-style-type: none"> • Concept and importance of promotion • Elements of promotion mix • Factors affecting selection of promotion mix <p>UNIT 5 EMERGING TRENDS IN MARKETING</p> <ul style="list-style-type: none"> • Meaning and importance of service marketing • Meaning and importance of online marketing • Meaning and importance of social media marketing
September	Mid term Exam
October	<p>UNIT ICT SKILLS</p> <ul style="list-style-type: none"> • Spreadsheet – basic operations • Data and formatting text • Advanced features in spreadsheet • Presentation software : opening, closing, printing and saving a presentation • Working with slides and text in a presentation • Advanced features used in a presentation <p>UNIT ENTREPRENEURIAL SKILLS</p> <ul style="list-style-type: none"> ○ Entrepreneurship and entrepreneur ○ Barriers to Entrepreneurship ○ Entrepreneurial attitudes ○ Entrepreneurial competencies
November	<p>UNIT GREEN SKILLS</p> <ul style="list-style-type: none"> • Green jobs • Importance of green jobs <p>Revision</p>
December	Annual Exam
January/February	<p>Practical exam</p> <p>Board exam</p>

ASSESSMENT PLANNER**SUBJECT: Marketing.****CLASS: XII**

Test	Syllabus
Periodic Test I Max marks: 20	Unit 1 Product Employability skills Communication skills Self mgt skills
Mid term Exam Max marks: 60	Unit I: Product Unit 2: Price Unit 3: Place Unit 4: Promotion Unit 5: Emerging trends in marketing Employability skills Communication skills Self mgt skills
Periodic Test 2	Unit 4: Promotion Unit 5: Emerging trends in marketing
Annual Exam	Complete Syllabus

DETAILED SYLLABUS OF PHYSICAL EDUCATION (048) CLASS XII (2025-26)**Learning Outcomes**

Physical Education plays a key role in promoting holistic child development, encompassing physical, intellectual, emotional, social, personal, and character growth. It encourages a positive perspective toward physical education as a profession while equipping individuals with skills for organizing sports tournaments and enhancing motor abilities such as strength, speed, endurance, coordination, and flexibility.

Additionally, it provides knowledge of the human body and its functions in relation to physical activities and emphasizes the importance of understanding growth processes and their connection to physical well-being. It fosters socio-psychological development, focusing on emotional control, balanced behavior, leadership qualities, teamwork, and followership.

Furthermore, it highlights the impact of physical and physiological training on women athletes and promotes the practice of yoga, including asanas and pranayama, to prevent hypokinetic diseases. Nutrition and the significance of a balanced diet are key areas of focus.

The discipline also explores the application of physics principles in sports, addresses the needs of children with special requirements, and underscores the value of physical activities tailored to them. It includes methods for administering physical and physiological assessments across age groups while offering insights into various sports and games.

Term 1	
Month	Topic
March	UNIT 1 - Management of Sporting Events
	* Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling)
	* Various Committees & their Responsibilities (pre; during & post)
	* Fixture and it's Procedures - Knock - Out (Bye & Seeding) & League (Staircase, Cyclic and Tabular Method)
	*Intramural & Extramural tournaments – Meaning, Objectives & Its Significance
	*Community sports program (Sports Day, Health Run, Run for Fun, Run for Specific Cause & Run for Unity
April	UNIT 2 - Children & Women in sports
	* Exercise guidelines of WHO for different age groups.
	Common postural deformities-knock knees, flat foot, round shoulders, Lordosis, Kyphosis, Scoliosis, and bow legs and their respective corrective measures.
	3. Women’s participation in Sports – Physical, Psychological, and social benefits.
	4. Special consideration (menarche and menstrual dysfunction)
	5. Female athlete triad (osteoporosis, amenorrhea, eating disorders).
July	UNIT 3 - Yoga as Preventive measure for Lifestyle Disease
	1. Obesity: Procedure, Benefits & Contraindications for Tadasana, Katichakrasana, Pavanmuktasana, Matsayasana, Halasana, Pachimottansana, Ardha – Matsyendrasana, Dhanurasana, Ushtrasana, Suryabedhan pranayama.
	2. Diabetes: Procedure, Benefits & Contraindications for Katichakrasana, Pavanmuktasana, Bhujangasana, Shalabhasana, Dhanurasana, Supta vajarasana Paschimottanasana, Ardha-Mastendrasana, Mandukasana, Gomukasana, Yogmudra, Ushtrasana, Kapalabhati.
	3. Asthma: Procedure, Benefits & Contraindications for Tadasana, Urdhwahastottansana, UttanMandukasan-Bhujangasana, Dhanurasana, Ushtrasana, Vakrasana, Kapalabhati, Gomukhasana Matsyaasana, Anuloma Viloma.
	4 Hypertension: Procedure, Benefits & Contraindications for Tadasana, Katichakrasana, Uttanpadasana, Ardha Halasana, Sarala Matyasana, Gomukhasana, UttanMandukasan-a, Vakrasana, Bhujangasana, Makarasana, Shavasana, Nadi shodhanapranayam, Sitlipranayam.
	5. Back Pain and Arthritis: Procedure, Benefits & Contraindications of Tadasana, Urdhwahastootansana, Ardh-Chakrasana, Ushtrasana, Vakrasana, Sarala Matsyendrasana, Bhujandgasana, Gomukhasana, Bhadrasana, Makarasana, Nadi Shodhana pranayama

	UNIT 4 - Physical Education and Sports for CWSN (Children with Special Need- Divyang)
	1. Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics)
	2. Concept of Classification and Divisioning in Sports.
	3. Concept of Inclusion in sports, its need, and Implementation;
	4. Advantages of Physical Activities for children with special needs.
	5. Strategies to make Physical Activities assessable for children with special needs.
	UNIT 5 - Sports & Nutrition
	1. Concept of balanced diet and nutrition
	2. Macro and Micro Nutrients: Food sources & functions
	3. Nutritive & Non-Nutritive Components of Diet
	4. Eating for Weight control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths
	5. Importance of Diet in Sports-Pre, During and Post competition Requirements
August	UNIT 6 - Test & Measurement in Sports
	1. Fitness Test – SAI Khelo India Fitness Test in school:Age group 5-8 years/ class 1-3: BMI, Flamingo Balance Test, Plate Tapping TestAge group 9-18yrs/ class 4-12: BMI, 50mt Speed test, 600mt Run/Walk, Sit & Reach flexibility test, Strength Test (Partial Abdominal Curl Up, Push Ups for boys, Modified Push-Ups for girls).
	2. Measurement of Cardio Vascular Fitness –Harvard Step Test –Duration of the Exercise in Seconds x100/5.5 X Pulse count of 1-1.5 Min after Exercise.
	3. Computing Basal Metabolic Rate (BMR)
	4. Rikli & Jones - Senior Citizen Fitness Test Chair Stand Test for lower body strength Arm Curl Test for upper body strength Chair Sit & Reach Test for lower body flexibility Back Scratch Test for upper body flexibility Eight Foot Up & Go Test for agility Six-Minute Walk Test for Aerobic Endurance
	5. Johnsen – Methney Test of Motor Educability (Front Roll, Roll, Jumping) Half Turn, Jumping Full Turn
September	First Terminal Examinations
Term 2	
October	Unit 7 Physiology & Injuries in Sport
	1. Physiological factors determining components of physical fitness

	2. Effect of exercise on the Muscular System
	3. Effect of exercise on the Cardio-Respiratory System
	4. Physiological changes due to aging
	5. Sports injuries: Classification (Soft Tissue Injuries -Abrasion, Contusion, Laceration, Incision, Sprain & Strain; Bone & Joint Injuries -Dislocation, Fractures -Green Stick, Comminuted, Transverse Oblique & Impacted)
	UNIT 8- Biomechanics & Sports
	1. Newton's Law of Motion & its application in sports
	2. Types of Levers and their application in Sports.
	3. Equilibrium – Dynamic & Static and Centre of Gravity and its application in sports
	4. Friction & Sports
	5. Projectile in Sports
November	UNIT 9 - Psychology & Sports
	1. Personality; its definition & types (Jung Classification & Big Five Theory)
	2. Motivation, its type & techniques.
	3. Exercise Adherence: Reasons, Benefits & Strategies for Enhancing it
	4. Meaning, Concept & Types of Aggressions in Sports
	5. Psychological Attributes in Sports – Self-Esteem, Mental Imagery, Self Talk, Goal Setting
	UNIT 10 - Training in Sports
	1. Concept of Talent Identification and Talent Development in Sports
	2. Introduction to Sports Training Cycle – Micro, Meso, Macro Cycle
	3. Types & Methods to Develop – Strength, Endurance, and Speed.
	4. Types & Methods to Develop – Flexibility and Coordinative Ability.
	5. Circuit Training -Introduction & its importance
December	Annual Examination
	Pre Board Examination

ASSESSMENT PLANNER: SESSION 2025 – 2026**SUBJECT: Physical Education****CLASS: XII**

TEST	MAX. MARKS	SYLLABUS
PERIODIC ASSESSEMENT 1	20	1- Management of Sporting Events. 2- Children & Women in sports.
MID TERM EXAMS	70	1. Management of Sporting Events. 2. Children & Women in sports. 3. Yoga as Preventive measure for Life style disease. 4. Physical Education & Sports for C WSN. 5. Sports & Nutrition.
PERIODIC ASSESSMENT 2	20	1. Test & Measurements in sports. 2. Physiology & Injuries in Sports
ANNUAL EXAMS	70	1. Management of Sporting Events. 2. Children & Women in sports. 3. Yoga as Preventive measure for Life style disease. 4. Physical Education & Sports for C WSN 5. Sports & Nutrition 6. Test & Measurements in sports. 7. Physiology & Injuries in sports. 8. Biomechanics & Sports. 9. Training in Sports